

Winter Solstice Article Continued:

Ignorance, greed and hatred are powerful evils. Just look at dysfunctional Sacramento, war-ravaged Ukraine, the assault on the spirit of American Democracy in Washington D.C. for examples, and the fractionation (it's a word, look it up some time – fractionation) of today's world is on display. Ignorance and greed win too often, and when they do, we all lose. I've been trying to fight against ignorance and greed and outright hatred of others for just a short time now, and in those fights, I find myself challenged to not let those characteristics find their way into my own thoughts and words.

I wish to bring up something that happened this year. The Army Corp of Engineers planned to bring rock material back to Lesa'mo', Morro Rock, under the belief that they were doing something right, or rather, trying to "correct a past wrong". The Rock should never, ever have been quarried, dynamited, but the illusionary act of returning rock added nothing positive. Nothing made whole, nothing fixed, just a useless gesture from which some small groups of people profited. Several cheered this effort, some as a public relations act by a specific pretendian (pretend Indians = Pretendians) group claiming, "see, we did good." Big woo hoo. Our tribal council made the educated decision to not support this effort of ignorance, as we believed and still do that it was a wasteful and futile effort. The returned rocks, that were dynamited and hauled away to build neighboring breakwaters, were always part of Lesa'mo', but fractionalized and divided, just like the native peoples were by governments agents and church leaders. Still, those rocks knew that they remained part of Morro Rock, belonging to it no matter how far away.

Our traditional lands the Salinan People belong to count a large swath of what is now known as the Central Coast of California. Our 13 known villages stretched from Monterey County to the Santa Maria River, inland along the Temblor Mountains, and all along the coast, from Big Sur to south San Luis Obispo County. We lived along the length of the River now known as the Salinas with which we share our name, from its Adelaide headwaters flowing north into Monterey. But our ancestors - whether known today as Salinan, Chumash, Yokat, or European Colonizers – didn't own any of that land. The Land owned them. They shared what they had with any who joined with them, as we do today. As we recognize the Creator's truths - Everything Sacred, Everything Related; and celebrate Solstice together, I want to say that, if you are here, today you are Salinan. We are still here, and will be so tomorrow.

Submitted By:

Robert Piatti, Salinan Tribe of Monterey & San Luis Obispo Counties, Council Member, Cultural Preservation & Protection Lead



We were invited to participate this year in Archaeology Day 2022, at Mission Plaza in San Luis Obispo by the San Luis Obispo County Archaeology Society. SLOCAS runs the facility where all the artifacts, except burial related items, go be curated from projects in San Luis Obispo County. Everyone commented on how they loved our booth and wanted us to come again next year. From left to right is Council Chair Robert Piatti, tribal members and cultural monitors Madison Flood and Josh Cody and our tribal administrator Patti Dunton.

Due to cost of printing we will be printing the newsletter in grayscale. If you want color we can send it by email. Please submit your email address to the trbal office or pgi@sti.net

January 2022 Elder Birthdays

2nd- Martiniana M. Roger' was born in King City, California to Louisa Weeks and Senovio Alvarez. She is the granddaughter of Antonia Encinales and Henry Weeks.

5th- Mickey Wolf (Bomar) was born in King City, California to Barbara Frost and Francis Bomar Jr. She is the granddaughter of Francis Bomar and Bernice aka Bernarda Camany.

10th- Linda M. Lopez was born in French Camp California to Rebecca Montelongo and Rosario Lopez. She is the granddaughter of Gertrudis Flores and Jose Montelongo.

11th- John C. Avila Jr. was born in King City California to Bernice aka Bernanda Camany and John C. Avila Sr. He is the grandson of Antonia Encinales and Luis Camany. Also, Manuela Boronda and Patricio Avila.

14th- Patricia Dunton (Burch) was born in San Bernadino, California to George F. Burch and Edna M. Lamb. She is the granddaughter of John W. Burch and Margaret R. McCormack.

14th- Debra J. Taylor (Nash) was born in Kirksville, Missouri to Elizabeth J. Pierce and Paul Nash. She is the granddaughter of Christina Holt and Leslie Pierce.

21st- Frances Gallardo (Salazar) was born in King City California to Eliza C. Encinales and Jose D. Salazar. She is the granddaughter of Francisca Gambucera and Pedro D. Encinales.

23rd- Allen Duckworth was born in King City, California to Irene E. Laguna and Robert L. Duckworth. He is the grandson of Soila Asuncion aka Susie Boronda and Angel M. Laguna.

1st writing assignment when I went back to College after my mom's passing (Mary Fontes Banks) in 2010.

The Three Bears, Me and My Food

When I was a little kid, every summer my extended family, uncles, aunts and a whole mess of cousins would go camping to Pi - Pi Valley in the Sierras, that is how I got interested in camping and the outdoors.

I was 12 years old when I went on my first backpacking trip. My uncle Ben dropped me and two of my cousins Rick and Mike off in the mountains with a few words of wisdom, "Be here at high noon on Sunday or walk home".

So off we went, the three experts who can do no wrong and the cast iron frying pan we hauled along with us. We made it out ok, battered but much wiser. After that trip I was hooked on backpacking trips.

After many years of safe backpacking trips in the mountains I feel that I am very comfortable doing trips alone. It is in the wilderness that I do feel at home. It does not get better than fishing and hiking in the mountains with not a soul in sight.

One night a few years ago, I was sleeping outside of my tent, and since there was no moonlight, it was really dark outside, perfect conditions to look up in the night sky for falling stars. So there I am looking up and all of a sudden I hear a gust of wind and the sound of moving branches. It was a gust of wind alright, a gust of wind coming from the nostrils of a mama bear and her two baby cubs. I quickly grabbed my flashlight and frying pan and started yelling, "go home, go home". Then I pointed my light up in the tree where my food was hanging and sure enough, there they were, climbing up the tree looking for a free meal. So what I am seeing is, the mama bear is sending her two babies up the tree and keeping her two eyes on me at the same time. Nothing gets the heart beating faster when you are being watched by three pairs of eyes in the darkness of wilderness. As I watched, the baby bears were inching their way out on the branch that my food was hanging from, and with each step they took, the branch dipped lower and lower, now the branch is within the mama bears upward reach. All of a sudden, Snap!, Snap!, the branch breaks and the two baby bears and my food sack start bouncing downward, hitting branch after branch, then BAM!,

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Story continued:

they hit the ground. It is a good thing that baby bears are soft and bouncy. I could not stop laughing, it was just like in a cartoon, the way that they hit the ground and bounced. Then all of a sudden it was not so funny, since the bears were doing a family outing with my food sack. All I could do was watch and then clean up the mess when they left the scene. Then it was time to put plan "B" into effect, which is to fish for the duration of the trip.

Submitted By: William Dennis Banks

Hiking Trip



Grant Writers Wanted

Lots of opportunities to help the tribe and make money along the way!!!!

Contact The Tribal Office for inquiries :
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Processing Acorns

Submitted By : Mary Ann Pierce

Step 1. Gather acorns, test in a bucket of water; The acorns that sink will be good, discard all acorns that float as they are no good.

Step 2. To dry acorns, you can dry them in the sun or place them on baking pan lined with parchment paper place in oven at 250° for 2 hours, take out of oven and let cool. This process will kill any weevils and make them storable. You can store them up to 10 years.

Step 3. After acorns are cooled to store and shell later, or you can cut or crack them open and remove the meat of the acorn making them ready for the next step of the process. We cut the meat in fourths as we shell them so it will leach better and faster.

Step 4. To leach place the meat of the acorn in basket and place in running water in a creek for 10 hours or you can put them in jars of cold water, let set for 12 hours and rinse. The rinsing process must be done every 12 hours for 10 days or longer, once the water stays clear it is ready for the next step.

Step 5. After leaching there should be no bitterness when tasted, you can dry in the sun or dehydrate in a dehydrator 145° for 6 to 7 hours. Store in jars until you are ready to grind them.

Step 6. I use a coffee grinder on the fine setting or you can purchase a flour mill grinder.

Note: This is a fun process I have learned so much about acorns and their health and nutritional value. There is different variation with the amount used in your recipes. If you have any question's please feel free to contact me at mnd@sti.net; Full PDF file on Tribal website @ https://salinantribe.com/?page_id=4402

You can check out the many benefits, @ <https://www.organicfacts.net/health-benefits/seed-and-nut/acorns.html>

This is some of the information found on this website check it out.

Acorn Nuts Nutrition Facts

Acorns are consumed due to their various nutrients. They contain carbohydrates, fats, and proteins. The vitamin wealth in these nuts contains vitamin B1(thiamine), vitamin B2(riboflavin), vitamin B3(niacin), vitamin B5(pantothenic acid), vitamin B6, and vitamin B9 (folate). Minerals like calcium, copper, magnesium, manganese, iron, potassium, and zinc are also found in these nuts.

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T'epot'aha'l The People of the Salinan Tribe

REMEMBER TO PRAY TO kensha:nel (CREATOR) TO keeheak (PROTECT) ALL lu wa' (MEN) AND lets'e (WOMAN) WHO ARE SERVING OUR COUNTRY. AND BRING THEM Ta'ma (HOME) SAFE.

Vision of the Salinan Tribe

We, as the Salinan Tribe, follow the way of our ancestors as we walk the path of our heritage toward becoming complete individuals. We exercise our rights as a sovereign entity. We continue to reawaken our culture. Each and every tribal member has an equal voice.

We, as the Salinan Tribe, commit to honoring the rights of each and every tribal member to practice our spiritual, individual, or religious beliefs. We remember and honor our ancestors, elders, and children now and for all generations to come.

We as the Salinan Tribe, continue to gather as a tribal family.



Salinan-QR-Code



January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Happy Birthday Elder Martiniana M. Roger'	3	4	5 Happy Birthday Elder Mickey Wolf (Bomar)	6	7
8	9	10 Happy Birthday Elder Linda M. Lopez	11 Tribal Business meeting 6:30pm Happy Birthday Elder John C. Avila Jr.	12	13	14 Happy Birthday Elders Patricia Dunton (Burch) and Debra J. Taylor (Nash)
15	16	17	18	19	20	21 Happy Birthday Elder Frances Gallardo (Salazar)
22	23 Happy Birthday Elder Allen Duckworth	24	25	26	27	28
29	30	31	1	2	3	4
Tribal business meeting is the 2nd Wednesday of each month						

THERE ARE NO DRUGS OR ALCOHOLIC BEVERAGES ALLOWED AT ANY TRIBAL EVENT.

PLEASE USE INFO@SALINANTRIBE.COM TO EMAIL THE OFFICE
WE ONLY LIST THE BIRTHDAYS FOR TRIBAL ELDERS.

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