

Vol. 22 No 12

INTER SOLSTICE



Celebrate the winter solstice at Lesa'mo' with a ceremonial fire, storytelling and drumming. Every year, on December 21st, Salinans honor the longest night of the year.

The People of the Salinan Tribe

December, 2022

The festivities culminate in a ceremony at 1pm where we will gather near the base of Lesa'mo' to bless the Salinans who will ascend that day.

Bring a potluck dish to share, a chair, and wear layers for beach weather in December! Gate opens at 12pm.

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#### **ANNUAL GATHERING** November 12th 2022

What a beautiful day for a gathering!! Thank you to all who attended, it made it such a special day to spend together. Thank you to the council and helpers for putting on a great event for our tribe. As usual, a delicious BBQ and feast, great raffle prizes, leather crafts, elder & veteran gifts, the owl dance was also performed. There were tribal displays, and Michael Woody updated everyone on the changes in seeking Federal Recognition.





# December Elder Birthdays

**11th, Toni Woody (Pierce)**. Toni was born in Santa Barbara, California to Edward J. Pierce and Virginia L. Deleisseques. She is the granddaughter of Edward R. Pierce and Maria A. Bylon.

**14th, Nancy Rangel**. Nancy was born in San Luis Obispo, California to Lena (or Colena) Lugo and George L. Rangel. She is the granddaughter of Viviana aka Rosita Acedo aka Pico and Frank Lugo-Higuera.

**16th, John Walter Burch**. John was born in San Bernardino, California to George F. Burch and Edna M. Lamb. He is the the grandson of Margaret R. McCormack and John Wesley Burch.

**23rd, Pamela H. Flood (Pierce)**. Pamela was born in San Luis Obispo, California to Ernest R. (Skinner) Pierce and Vera J. DeMartini. She is the granddaughter of Edward R. Pierce and Katherine (Catarina) McCormack.

### Future Events and Activities:

Becoming actively involved with tribal gatherings and events will keep our tribe educated and enthusiastic about the learning process. Please make time to go to different events that effect our tribal culture and heritage.

There will be a listing of outside events on the website soon that lists events or meetings relevant in today's current events or activities, in regards to the Native American culture that may be happening in California as well as other states that effect the Indigenous people of our nation.

We welcome all new ideas, If you have any projects, recipes or activities handed down by your ancestors and would like to share them with the Tribe, we are excited to hear about them. We hope to have many events and gatherings, fun filled events and activities for our children and grandchildren for many years.

Please contact Patti at the tribal office if you have anything you would like to share or if you have questions call: 805-464-2650 or Ken Pierce at 559-392-1950

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# Salinan Tribal Members!

We are looking for your individual and family stories about our people that may be shared in public, via the production of various printed materials and other media, sponsored by a budget from the Morro Bay Waste Water Reclamation Project.

Contact Robert Piatti, editorial lead, via email at quiggyllynn@gmail.com for more information and to share your stories.



Elderberry Syrup

This is the time of the year that we must build up our immunities for the common cold, flu, and all the other ailments that attack our bodies. Elderberries provide such a healthy way to improve our health.

My Grandmother, Katherine (Kate) McCormack Pierce showed me how to use the elderberry in different ways. Elderberry Jelly is one way, but syrup made from these bitter, sweet berries is another very easy use we all can do. Elderberry Syrup - Small batch

1 cup fresh elderberries or 1/2 cup dried berries 3 cups water

1 cup honey - your favorite flavor

1. Place berries in a pot and cover with water. Bring te a boil, reduce heat and simmer over low heat for 30-40 minutes.

2. Mash the cooked berries. Place in a fine-mesh strainer or cheese cloth to remove pulp. place juice back into the pot adding the honey. Heat juice just until honey mixes in, well.

3. Place the syrup in a glass jar or bottle. Store in fridge up to 2 to 3 months.

Remember to use your syrup daily Enjoy a healthy Winter! Joan Pierce Tribal Office 7070 Morro Road, #A Atascadero, CA 93422

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www.salinantribe.com

# December 2022



#### THERE ARE NO DRUGS OR ALCOHOLIC BEVERAGES ALLOWED AT ANY TRIBAL EVENT.

#### \* SOLSTICE ON DECEMBER 21ST, 2022 AT LESA'MO' (MORRO ROCK) GATE OPENS AT 12PM. BRING A POTLUCK DISH TO SHARE, A CHAIR, AND WEAR LAYERS FOR BEACH WEATHER IN DECEMBER!

#### PLEASE USE INFO@SALINANTRIBE.COM TO EMAIL THE OFFICE WE ONLY LIST THE BIRTHDAYS FOR TRIBAL ELDERS.

# TRIBAL COUNCIL

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# C'epoc'aha' The People of the Salinan Tribe

REMEMBER TO PRAY TO kensha:nel (CREATOR) TO keeheak (PROTECT) ALL lu wa' (MEN) AND lets'e (WOMAN) WHO ARE SERVING OUR COUNTRY. AND BRING THEM Ta'ma (HOME) SAFE.

# Vision of the Salinan Tribe

Cle, as the Salinan Tribe, follow the way of our ancestors as we walk the path of our heritage toward becoming complete individuals. We exercise our rights as a sovereign entity. We continue to reawaken our culture. Each and every tribal member has an equal voice.

We, as the Salinan Tribe, commit to honoring the rights of each and every tribal member to practice our spiritual, individual, or religious beliefs. We remember and honor our ancestors, elders, and children now and for all generations to come.

We as the Salinan Tribe, continue to gather as a tribal family.



Salinan-QR-Code

