



T'epot'aha'l

The People of the Salinan Tribe

Vol. 22 No 7

July, 2022

Summer Solstice, Morro Rock (Lesamo), Morro Bay

On the longest day of the year at Summer Solstice, the Salinan people go to Lesamo, our sacred mountain. We stand together to celebrate the Salinan people's return to our ancestral home, we acknowledge our gratitude for this sacred rock and its role in our heritage.

The rock holds our history as well as our future, connecting each generation to those who came before them. As we continue to honor tradition, we offer a prayerful vision of peace, prosperity, and a strong community that will carry us into the future. Legends describe Morro rock as the last power with RAVEN and falcon as participants in these legends.

Opening ceremony blessing by Mary Rodgers, followed by guest drummers Pete Crowheart and Matthew Zepeda. The friendship dance was lead by Jessica Rogers. A special thanks to each and every person who worked to make this event such a success, everyone who attended and to those who provided beautiful food and fire for the gathering.

Mark your calendars now for the Winter Solstice Wednesday, December 21, 2022.



First ascenders,
 Trail guide, Josh Cody
 Naomi Mc Cormac,
 Adam Mc Cormac,
 Anthony Williams,
 Antonia Williams,.

Second ascenders,
 Trail guide, Les Montgomery,
 Jenny Willis,
 Tosh Willis,
 Eleese Villa,
 Tom Villa,.

Peregrine Falcon

Recipe Corner:

Elderberry Chia Pudding

1 Cup Elderberry Syrup
8 TBLs Chia Seeds
1 can Coconut Milk 13.66 oz
1 pinch Sea Salt

~ Elderberry Syrup- 1 cup

1. Simmer elderberries 5 min
2. Sweeten to taste with honey or maple syrup (or organic sugar)
3. Chill

(Tip: Berries come off stems easy if you freeze them first)



INSTRUCTIONS

Pour ingredients into a jar and mix well.

Let settle for 2-3 minutes then mix again very well until you see no clumping.

Cover the jar and store in fridge overnight or for at least 2 hours.

When you're ready to eat it, top with your favorite fruit and enjoy cold!

Submitted By: Shaunie Briggs

July Elder Birthdays

7-1 Gary Pierce

was born in San Luis Obispo California to Charlie Pierce and Gwendolyn Sylva. He is the grandson of Edward Romeo Pierce and Katherine (Catarina) McCormack.

7-12 Richard Ojinaga

was born in Salinas California to Frances Salazar and Eddy Ojinaga. He is the grandson of Jose Dolores Salazar and Eliza Encinales.

7-19 Patricia J. Gomez (Molina)

was born in San Luis Obispo California to Christopher G. Molina and Geraldine E. Pierce. She is the granddaughter of Leslie Pierce and Jean E. Cole.

7-20 Michael M. Digges

was born in Salinas California to Gilbert Digges and Josephine Rossie. He is the grandson of Charles Digges and Janita Audelina Laguna.

7-20 Victoria (Mary) Griego

was born in Salinas California to Manuel Griego and Frances Salazar. She is the granddaughter of Jose Dolores Salazar and Eliza Cabrasia Encinales.

7-23 Lorraine M. Brodnick (Quinones)

was born in San Luis Obispo California to Elmer R. Quinones and Dorothy M. Castillo. She is the granddaughter of Daniel G. Castillo and Margaret Castillo.

7-31 George Rogers

was born in Hollister California to George Rogers and Loretta C. Silva. He is the grandson of Thomas E. Silva and Carmen Flores.

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July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 Happy Birthday Elder Gary Pierce	2
3	4	5	6	7	8	9
10	11	12 Happy Birthday Elder Richard Ojinaga	13 Tribal Business meeting 6:30pm	14	15	16
17	18	19 Happy Birthday Elder Patricia J. Gomez (Molina)	20 Happy Birthday Elders Michael M. Digges and Victoria (Mary) Griego	21	22	23 Happy Birthday Elder Lorraine M. Brodnick (Quinones)
24	25	26	27	28	29	30
31 Happy Birthday Elder George Rogers	1	2	3	4	5	6

Tribal business meeting is the 2nd Wednesday of each month

THERE ARE NO DRUGS OR ALCOHOLIC BEVERAGES ALLOWED AT ANY TRIBAL EVENTS.

PLEASE USE INFO@SALINANTRIBE.COM TO EMAIL THE OFFICE

WE ONLY LIST THE BIRTHDAYS FOR TRIBAL ELDERS.

TRIBAL COUNCIL

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T'epot'aha'l The People of the Salinan Tribe

REMEMBER TO PRAY TO kensha:nel (CREATOR) TO keeheak (PROTECT) ALL lu wa' (MEN) AND lets'e (WOMAN) WHO ARE SERVING OUR COUNTRY. AND BRING THEM Ta'ma (HOME) SAFE.

Vision of the Salinan Tribe

We, as the Salinan Tribe, follow the way of our ancestors as we walk the path of our heritage toward becoming complete individuals. We exercise our rights as a sovereign entity. We continue to reawaken our culture. Each and every tribal member has an equal voice.

We, as the Salinan Tribe, commit to honoring the rights of each and every tribal member to practice our spiritual, individual, or religious beliefs. We remember and honor our ancestors, elders, and children now and for all generations to come.

We as the Salinan Tribe, continue to gather as a tribal family.



Salinan-QR-Code

