

T'epot'aha'l

The People of the Salinan Tribe

Vol. 20 No. 5

June, 2020

June 20th, Summer Solstice, Morro Rock (Lesamo), Morro Bay

In observance of the current laws prohibiting large gatherings, there will be no formal Summer Solstice celebration at Morro Rock this year, instead there will be a symbolic prayer. The health of our tribal members and the community is most important to us.

With great love and respect, Your Tribal Council

If you have an elder birthday coming up, please send in a small article about them.

June Birthdays

1st, Janice Wreden (Pierce), Janice is the daughter of Charlie Pierce. She is the granddaughter of Kathern aka Kate Pierce (McCormack).

8th, Kenneth Pierce, Kenneth is the son of Walter Donald Pierce (Duke) and Glenna M Pierce (Marian), He is the Grand son of Kathern aka Kate Pierce (McCormack). He was born in San Luis Obispo Ca, and lives in Coarsegold Ca. Ken is our website technician and produces the tribal newsletter.

9th Richard Leon Diggs, Richard is the son of Leon Edward Digges and Shirley Mae Digges (Cavalli). He is the grandson of Julius "Rocky" Digges. Richard was born in Salinas Ca.

19th, Gable Montelongo, Gable aka Gabriel is the son of Gertrudis Feliciles Flores and Jose Maria Montelongo. He was born in Hollister Ca.

22nd, Laura Grove (McCormack), Laura is the daughter of Loretta aka Laura Kathleen Laguna and Frank Alexander "Pancho" McCormack. She was born in King City Ca

28th Joan Pryer (Sisco), Joan was the daughter of Eva Digges and John Sisco. She was born in King City Ca.

29th Arden Miller (Hahn), Arden is the daughter Eva Angel Digges and Charlie Diggs. She was born in Salinas Ca.

Notice to all Members

If you have any changes regarding Name Changes - Marriages, Phone Numbers, Addresses or other pertinent information please send new and current information to the tribal office so we can update your information.

New event pictures and other information can be found on the tribal website.

Fellow Salinans,

We are living through a time that affirms the interdependence of all things and emphasizes the importance of land and nature, family, and community. Small businesses and restaurants shut down, meatpackers on strike, what will we do? This girl is leaning in on the skills and thrills I learned in our native land, where paradise meets the ocean. I am so thankful that my tribe values hands-on skills such as cooking, gardening, hunting, and gathering. Sometimes, when faced with a situation, and also when I'm proud of my moves, I find myself wondering, what would Grandma Girlie do? She was bold, she was fierce, and she always KNEW what to do. Grandma Girlie used food as medicine, and she used food as persuasion. All of her children and grandchildren have a reverence for her way with food.

Grandma Girlie prepared me to lead through situations involving life and death; cases in which the people I love were threatened with illness and the medical establishment failed them.

In these situations, I sought solutions in modern and ancient medicine, combining old and new ways; my findings are nothing short of profound and, in many instances including food and gardening, almost exactly the opposite of commonly accepted norms.

Now I trust my informed instinct over advice given by anyone professional or not who is not familiar with my family and my lifestyle. I am my own doctor, I do not need a badge of modern society to prove who I am or what I stand for.

What is happening now makes sense in the scheme of things. Mother Nature has simply issued a warning, a wake-up call, to slow down, consume less, and engage in life-enhancing activities. Now is the perfect time to bring our attention to what's right in the world, and to reflect on what our ancestors' lifestyle and reality was like just 200 years ago. The world was indeed a different place. We know that people (like all wild animals) took their direction with reverence for nature's balance. It is the new world that brings into focus, fear, competition, and hopelessness, There are alternatives to the difficulties we are experiencing at this time. I believe those of us fortunate enough to answer this call will be better off in so many ways. Let's reflect on our priorities, count our blessings, keep up with tribal connections to share more, grow more, become more self-sufficient within our tribe.

By Shaunie Briggs (Favorite daughter of Floyd & Val Montgomery)

Fresh ideas for Alter-Native Sur- thrival-

Smokey Bean Soup:

1 pot of cooked pinto, adzuki, or pinto beans
2-4 cups cubed, roasted vegetables (preferably over open wood fire)
(eggplant, zucchini, crook necks, onions, tomatoes, garlic)
1 tsp cumin
1 tsp fresh ground pepper
4 cloves garlic
¼ to ½ tsp chipotle powder or flakes
sea salt
simmer 20 minutes more

Corn Salad:

6 cobs fresh, sweet corn off the cob
½ cup fine chopped red onion
1 clove garlic pressed
1 large tomato chopped
Toasted pine nuts



Dressing:

1/8 cup olive oil
¼ cup fresh lemon juice or apple
cider vinegar
Sea salt & fresh ground pepper



Watermelon Soup:

Cube melon, remove seeds
Fine chopped red onion
Fine chopped jalapeno pepper
Chopped fresh tomatoes
sea salt & fresh ground pepper
A dribble of olive oil, lemon or apple
cider vinegar

June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	1 Happy Birthday Elder Janice Wreden	2	3	4	5	6
7	8 Happy Birthday Elder Kenneth Pierce	9 Happy Birthday Elder Richard Leon Diggs	10 Tribal Business meeting 6:30pm	11	12	13
14	15	16	17	18	19 Happy Birthday Elder Gable Montelongo	20 Summer Solstice
21	22 Happy Birthday Elder Laura Grove	23	24	25	26	27
28 Happy Birthday Elder Joan Pryer	29 Happy Birthday Elder Arden Miller	30	1	2	3	4

Tribal business meeting is the 2nd Wednesday of each month

THERE ARE NO DRUGS OR ALCOHOLIC BEVERAGES ALLOWED AT ANY TRIBAL EVENTS.

PLEASE USE INFO@SALINANTRIBE.COM TO EMAIL THE OFFICE

WE ONLY LIST THE BIRTHDAYS FOR TRIBAL ELDERS.

*** NO TRIBAL EVENTS IN JUNE**

We have a new T-shirt design. It comes in black and gray. Prices are Youth size s-m \$12.00, Adult - sizes s-xl \$15.00 and 1xl-3xl \$20.00. New design can be viewed on the website. www.salinatribe.com

← TRIBAL COUNCIL →

Traditional Lead:

Mary Rodgers

(805) 674.1525

marytwohawks@gmail.com

Contemporary Lead:

Gary Pierce

(805) 610-0037

morrrock40@gmail.com

Elder Council:

Yvonne Ayala

(831) 385-6600

Don Pierce Sr

(805) 440-8993

Sharon Thomas

(805) 772.8372

sheshopsharon@aol.com

Yvonne Davis

(805) 391-3619

palmtreezz@aol.com

Pamela Flood

(805) 234-6854

info@salinatribe.com

Don Pierce Jr

(805) 468-5039

don@armacorlabs.com

Michael Woody

805-305-0660

info@salinatribe.com

Dayna Sciocchetti

(805) 227.7137

dsciocchetti7601@gmail.com

Robert Piatti

949-677-0549

quiggyllynn@gmail.com

Bruce Flood

(805) 903-3089 (cell)

brucelflood123@gmail.com

John Piatti Jr.

(805) 703-0629

boheathan@hotmail.com

Deanna Perry

info@salinatribe.com

Salinan Tribe
7070 Morro Rd.#A
Atascadero, CA 93422
Address Service Requested (507.4.2)

Presorted
Standard
US Postage Paid
Atascadero, CA
Permit No. 37

T'epot'aha'ł The People of the Salinan Tribe

REMEMBER TO PRAY TO kensha:nel (CREATOR) TO keeheak (PROTECT) ALL lu wa' (MEN) AND lets'e (WOMAN) WHO ARE SERVING OUR COUNTRY. AND BRING THEM Ta'ma (HOME) SAFE.

Vision of the Salinan Tribe

We, as the Salinan Tribe, follow the way of our ancestors as we walk the path of our heritage toward becoming complete individuals. We exercise our rights as a sovereign entity. We continue to reawaken our culture. Each and every tribal member has an equal voice.

We, as the Salinan Tribe, commit to honoring the rights of each and every tribal member to practice our spiritual, individual, or religious beliefs. We remember and honor our ancestors, elders, and children now and for all generations to come.

We as the Salinan Tribe, continue to gather as a tribal family.

